

ADTA Live-Fire Participant Readiness

Revised August 2016

Equipment

- Eye protection – shooting-grade glasses with top and side coverage.
- Ear protection – appropriate noise reduction rating (NRR) electronic, passive, and/or inserts.
- Cap with visor – able to be worn with eye and ear protection, visor extending over glasses.
- Semiautomatic pistol – one you've shot before, and are comfortable operating and shooting.
- Two pistol magazines – at least two, for the pistol you'll be using.
- Pistol case – closeable; soft- or hard-sided; one per pistol.
- Pistol belt – appropriate weight, width, and thickness to stay in place and support gear.
- Holster – must stay in place at waist; strong-side, muzzle-down; able to reholster one-handed.
- Magazine belt pouch – advised, on belt, weak-side; two pouches recommended.
- Ammunition – typically 100 to 200 rounds for your pistol, full-metal-jacket (FMJ/TMJ).
- Flashlight – 4" to 6" long, easy to hold in a fist, metal body, tail-cap button switch
- Small First Aid items – for minor scrapes, nicks, or cuts.
- Range bag – any bag or case able to safely carry all of the above items.
- Shirt -- well-fitting with close neckline advised – medium-weight tee-shirts work well.
- Pants or medium shorts – belt-loops help hold gear in place; pockets (at least in back) advised.
- Shoes – closed-toe, comfortable, rubber-soled walking shoes advised

Procedures and Expectations for ADTA Live-Fire Events

- Explain why ADTA requires pistols to stay unloaded and holstered at events, until instructed.
- Explain why ADTA allows you to load rounds into magazines at any time, but not in the gun.
- Explain the steps of ADTA's "Unload and Show Clear" procedure, and why it's used.
- Demonstrate, as a Safety: (1) what to watch and do, (2) how to guide Unload and Show Clear
- Understand how to arrive, check-in, be cleared, and carry your firearm at an ADTA event.

Pistol Handling and Basic Skills Demonstration at the Range

- Safety **must** be demonstrated throughout: always treat as loaded, index, muzzle, backstop.
- This is an untimed exercise. Conduct the steps **when instructed**, at a safe and accurate pace.
- The target for this exercise is one standard letter-sized piece of paper, with a black dot in the approximate center, and set approximately twenty feet distant from the shooter.
- Begin with your pistol unloaded and holstered, and one empty magazine in your belt pouch.

- *Shooter, prepare a magazine with only **one round**, then place the magazine in your belt pouch.*
- *Shooter, present to low ready.*
- *Shooter, load and make ready.*
- *Shooter, at your own pace, place **one shot** into the paper, then return to low ready.*
- *Shooter, unload and show clear, ending with your firearm in the holster.*

- (REPEAT ALL COMMANDS) with only **two rounds** in the magazine, and **two shots** into the paper
- (REPEAT ALL COMMANDS) with only **five rounds** in the magazine, and **five shots** into the paper